



**State Committee
EVENT NEWS**

QLD State Committee Event | 11 February 2018 | Yinyang Wuxing Body and Healing | Chinese New Year Get-together

Dear member,

Please see below an upcoming AACMA QLD State Committee Event in 2018.

11 February 2018 | Yinyang Wuxing Body and Healing

Presented by Rhonda Chang

About the lecture

Western and Chinese medicine -- despite being perceived as two incommensurable medical practices, and despite believing we've been following a traditional practice, most of us here have been educated to understand the human body in terms of anatomy and physiology. We also view illness through a biomedical understanding. The difference between our practice to biomedicine is only the methods of treatments. Although our treatments don't have the side effects as biomedicine, nevertheless our effects are far less powerful and reliable than biomedicine. This is not because the herbs or acupuncture treatments are less powerful, but because we seem to have lost our true theoretical guide for utilizing these healing methods to their best. In this talk I will argue that the theoretical guide for Chinese medicine that has gone missing is yinyang and wuxing. In the absence of yinyang wuxing we've been taught over the last 40 or so years a system known as bianzheng lunzhi. Bianzheng lunzhi, if we examine it closely, is primarily a system of understanding the body and treatment of illness through biomedicine.

I will begin by outlining some of the central features of bianzheng lunzhi and give some background history to its recent origins. I will discuss how after the communist revolution there was a push by the Chinese Communist Party and Mao Zedong, in particular, to give Chinese medicine a more rational and scientific basis. To begin with, Mao wanted western biomedical physicians to work on shaping Chinese medicine; but the Western trained doctors were neither interested nor able to comprehend Chinese medicine sufficiently to turn it into the Chinese modern medicine that Mao was hoping for. Instead, a number of traditionally trained physicians set about the task of scientizing traditional medicine. How they went about this task was firstly placing the biomedical principles of anatomy, physiology, and pathology as the guiding principles to understand the body, health, and illnesses. Then they placed the yinyang principle as a subsidiary principle to redefine the biomedical diseases. For example, if someone is suffering from fever and coughing, the patient is first to be diagnosed through biomedical terms, such as pneumonia, under the diagnosis of pneumonia, the sickness is then further classified by yinyang principle such as a dry, wet, hot, or cold type of pneumonia.

The bianzheng lunzhi developers have gone through the large archives of ancient medical texts and according to the symptoms of illnesses described in the texts, they brushed off the yinyang based explanations for creating these formulas and replaced them by explaining the treatments as in the modern disease categories. And we modern trained Chinese medicine practitioners rigidly apply these formulas to certain diseases without knowing how these formulas were developed in the first instance, although we can add more or less herbs to make the formula cooler or wetter, etc., but our directions are limited to the bianzheng realm. In the bianzheng lunzhi system, wuxing is non-existent, although Feng Yaozhong one of the famous bianzheng lunzhi consolidators did try to incorporate wuxing in explaining disease pathological relations, which was an attempt to distort the yinyang wuxing theory rather than promoting yinyang wuxing theory.

In yinyang wuxing theory, a cough can be seen as lung metal yang damage, or spirit disharmony with lung metal, or damaged spleen soil failing to nurture the lung metal, or kidney water heat loss draining lung metal yang qi, or liver wood yang damage causing blood decay in the root of lung metal. As there are numerous herbs as well as acupuncture techniques that can support lung metal yang such as by clearing lung metal dampness, combined with methods such as calming the spirit, strengthening the spleen soil yinyang, or warming the kidney water, or cleansing liver wood decay to stop the cough, so the treatments for the cough can be very different and flexible.

In this seminar, I will explain how yinyang transformation creates kidney water, liver wood, heart fire, spleen soil, and lung metal wuxing organs, and within each of the wuxing organs how the yin and yang maintains the body's functionality, how symptoms are signs of the disorders of the yinyang transformation, and of course, how we create treatment strategies according to the yinyang theory to heal illnesses.

At the end of the seminar, participants are encouraged to bring their cases up for discussion.

About the presenter

Rhonda Chang graduated from Beijing Chinese Medicine College (now known as Beijing Chinese Medicine University) in 1983, and migrated to Australia in 1986. In 2012 Chang completed a PhD at the University of Sydney, School of Science, Department of History and Philosophy. In her thesis: "The Substitution of Yiyao by Chinese Medicine through Self-Colonisation", she examined the history and reasons that led to the Communist Government in China to be committed to establish a new Chinese medicine, which aimed to be scientific in principle, but traditional in practice.

Rhonda Chang has written and published two books: Chinese Medicine Masquerading as Yi —A Case of Chinese Self-Colonisation (2015), and Yinyang Wuxing Spirit, Body & Healing (2017).

QLD State Committee will celebrate the Chinese New Year together with the participants by providing a Chinese New Year lunch. Lunch is included in the entry fees.

Event Details

Date	11 February 2018
Time	9.00am - 1.30pm including lunch
Cost	Members: \$65 includes Chinese new year lunch Student Members: \$25 for Chinese new year lunch Non-members: \$85 includes Chinese new year lunch <ul style="list-style-type: none">Please register with AACMA prior to the event. Seats are limited and the catering number has to be finalised prior to the event.For walk-ins on the day - Members: \$40 excludes Chinese new year lunch; Student Members: FREE excludes Chinese new year lunch; Non-members: \$60 excludes Chinese new year lunch.NO walk-ins will be accepted on the day if the number limit has already been reached.Students need to show their current student card on attendance at the event.
Venue	The Ministry Centre, St Columb's Anglican Church Hall, 23 Victoria Street

CLAYFIELD QLD 4011

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Registration

Via Office Via office - RSVP by 12:00 PM EST, Thursday 8 February 2018.

Contact AACMA national office on 07 3457 1800 or email aacma@acupuncture.org.au

Registrations and payments are to be done over the phone via credit card. Please contact AACMA national office on 07 3457 1800.

NOTE TO PARTICIPANTS: Please bring your AACMA Tax Invoice as proof of your seminar registration and payment.

**This is an AACMA-organised seminar.
All enquiries should be directed to AACMA.**

Who can attend AACMA State Committee events

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program.

Preference will be given to AACMA members where numbers are limited.

Cancellation policy for paid events

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.

If you are travelling interstate for the event, please plan your itinerary after confirming with us.

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