



State Committee  
**EVENT NEWS**

**NSW State Committee Event | 12 November 2017 | Part A: Weight loss support treatment by using Chinese medicine and acupuncture | Part B: Skin care is equal to health care | Presented by Si Ning Luo and Dr Qing Huang**

Dear Member

Please see below regarding two upcoming NSW State Committee CPD events.

**Part A: Weight loss support treatment by using Chinese medicine and acupuncture**

**Part B: Skin care is equal to health care**

***Presented by Si Ning Luo & Dr Qing Huang***

**Due to a personal schedule change from the presenter, the previous presentation for Part A entitled *Interval Weight Loss* presented by Dr Nicholas Fuller is cancelled.**

**The AACMA NSW state committee has replaced Part A with a presentation on similar topics presented by the Chair of NSW state committee Si Ning Luo.**

**We apologise for the inconvenience caused. The committee will continue endeavour to invite renowned presenters like Dr Fuller for presentations in the future. Should you have any questions of your previous registration/s, please contact AACMA office on 07 3457 1815.**

**The AACMA NSW state committee is very honoured to host Dr Qing Huang again for the second part of her skin care series as Part B on 12 November 2017. Her prior seminar on 8 October was very well attended and received.**

**Part A:**

This session will cover:

- How it works for Chinese medicine,
- Diet therapy and exercises to improve digestion and metabolism and support the body to burn fat naturally,
- Combine with acupuncture to improve the blood flow to stomach, liver, gallbladder, kidneys, spleen and intestines,
- Improved blood flow brings better digestion, less bloating, and expelling of toxin.

## Learning Outcomes

- Understand how to approach the weight loss with Chinese Medicine and Acupuncture metabolism method,
- Herbal medicine and weight loss,
- Spleen qi deficiency and weight loss,
- Phlegm, dampness and weight loss,
- Acupuncture and weight loss,
- Emotional element of weight loss,
- Exercise and weight loss.

### Part B:

Although it seems that the methods of skin care have no business with practitioners, it is obvious that many patients suffering from facial conditions need to be taught how to care their sensitive skin before recovering entirely.

Teaching materials to be presented include:

- Principles of skin care,
- Types of skin with types of skin care methods,
- Introduction of cosmetic herbs & acupuncture.

Upon the successful completion of this seminar/workshop, participants will:

- Understand how to choose the correct cosmetics for the patients suffering from facial skin conditions,
- Understand how to protect skin, even in the situation of being exposed to severe UV in Australia.

## About the presenters

**Si Ning Luo** attained Master degree of Health Science in TCM at Western Sydney University, and Bachelor degree of TCM at Sydney Institute of Traditional Chinese Medicine. He had clinical training at Beijing University of Chinese Medicine first affiliated hospital, and Jiangxi University of Chinese Medicine first affiliated hospital in China. Currently he is running his own clinic, and practicing at Beijing Tong Ren Tong clinic. He has completed eight times half Marathon in last eight consecutive years at Sydney, with his exercises experience combined with Chinese medicine and acupuncture metabolism method in weight loss.

**Dr Qing Huang** received her formal training in Chinese medicine and western medicine from Beijing University of Chinese Medicine. She is specialist in dermatology with experience and skills in managing many skin conditions with an integrative approach of both traditional and conventional medicines. Skin conditions include acne, seborrheic dermatitis, chloasma, hair loss and many other common but intractable disorders.

She is good at cosmetic herbs & acupuncture for facial skin conditions as well. Many shows of satellite TV, such as Beijing Jiangsu, Jilin, Gansu, etc. invited Dr Huang as VIP Specialist promoting the knowledge of skin care and prevention of common skin conditions.

## Event Details

<b>Date</b>	12 November 2017
<b>Time</b>	Part A: 9.30am - 13.00pm; Part B: 14.00 - 17.15pm
<b>Cost</b>	Part A: Members: \$50 (\$60 if paying at door); Student Members: FREE; Non-members: \$60 (\$70 if paying at door)  Part B: Members: \$50 (\$60 if paying at door); Student Members: FREE; Non-members: \$60 (\$70 if paying at door)

Both parts: Members: \$100 (\$120 if paying at door); Student Members: FREE; Non-members: \$120 (\$140 if paying at door)

- **Please register with AACMA prior to the event. Seats are limited and NO walk-ins will be accepted on the day if the number limit has already been reached.**
- **No fees for AACMA student members whether pre registered or walk-in if venue limit has not been reached.**
- **Non AACMA student members pay the same price as non AACMA member registrants.**
- **Students need to show their current student card on attendance at the event.**

**Venue** Sydney Institute of Traditional Chinese Medicine,  
Level 5, 25 Dixon St, Haymarket NSW 2000, Australia

**CPD** 6 CPD points (Part A: 3 pts; Part B: 3 pts)

#### **Registration**

**Via Office** RSVP on or before 12:00 PM EST, Thursday 9 November 2017.  
Contact AACMA national office on 07 3457 1800 or email [aacma@acupuncture.org.au](mailto:aacma@acupuncture.org.au)

**Please bring your AACMA Tax Invoice as proof of your seminar registration and payment**

**Registrations and payments are to be done either via BPAY or over the phone via credit card. Please contact AACMA national office on 07 3457 1800.**

**This is an AACMA-organised seminar.  
All enquiries should be directed to AACMA.**

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#### **Who can attend AACMA State Committee events**

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program.

Preference will be given to AACMA members where numbers are limited.

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#### **Cancellation policy for paid events**

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.

If you are travelling interstate for the event, please plan your itinerary after confirming with us.

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