



## NSW State Committee Event | 12 August 2018

### Part A: TCM Management Methods on the Liver Disorders

*Presented by Tieguang Gu*

In current TCM practice, many practitioners and researchers have recognised that there is a strong link between stress and general health. *STRESS IN AMERICA™* has reported that more than 60% adults say that stress has a negative impact on their mental and physical health. A survey of stress in the Australia in 2014 revealed that “64% of Australians report that stress is having at least some impact on their mental health; 72% of Australians say that stress is having at least some impact on their physical health.” Stress from work, social and family responsivity become to the most common cause for many mental and physical disorders including anxiety, depression, insomnia, headache, dizziness, IBS, CFS, irregular menstruation, PMT, infertility, bad eating habits, etc. TCM recognises that various internal organs may be involved in these disorders, but the dysfunction of the liver has attracted the most attention of TCM practitioners nowadays.

In TCM, due to the characteristics of spectrum of diseases, there are several different schools of thought in the different dynasties, e.g. cold attach school of thought in the Han dynasty; four famous school of thought in the Jin-yuan dynasty; warm school of thought and integrate eastern and western medicine school of thought in the Ming and Qing dynasty, etc. In Qin dynasty, based on former great practitioners' academic contributions and plus their own experience, practitioner Tian Shi Ye (AD1666-1745) and practitioner Xu Gao Wang (AD1798-1862) has summarised many TCM Liver disorder management methods, laid the fundamental ideas of TCM Liver School of thought.

This presentation aims to explore the efficient methods on managing the liver dysfunctions, further elaborate their clinical applications, and help attendees understand and critically evaluate the treatment methods on TCM Liver disorders by explaining the clinical application and management of the Liver diseases with Chinese herbal medicine and acupuncture. It will also include a discussion and evaluation on the fundamental theory and clinical application of TCM Liver School of thought.

### Part B: Tangible Qigong in the Clinic: The Daoyin of Needling

*Presented by Daniel Spigelman*

In this seminar, Daniel will introduce a set of Qigong moves and corresponding needling methods to clearly and tangibly manipulate a patient's Qi in clinic.

Attendees will be taught a set of Yin Style Ba Gua Qigong exercises specifically designed to develop the skills of Chinese medical practitioners. Several basic needling techniques will be demonstrated, applying the principles learned in the Qigong exercises in a practical and tangible manner. These methods are intended not only to improve practitioner posture and health, but will also reliably reproduce specific therapeutic results in your acupuncture practice.

#### About the presenter/s

**Tieguang Gu** has started his TCM career since 1982 with the Bachelor and Master degrees of TCM in China. He also gained his PhD in oriental medicine. Dr. Gu has been employed as a TCM lecturer and clinician by Nanjing

University of TCM in China. He has also worked for UWS as a lecturer and clinic supervisor in Australia and as a senior lecturer and program coordinator for Hong Kong Baptist University. Dr. Gu was sent to Japan by the Chinese government to conduct research in the field of rehabilitation medicine. He is now working for SITCM and UTS as a lecturer and clinic supervisor. He has a special interest in internal medicine and TCM for traumatology. He is knowledgeable at treatment of internal organs disorders and musculoskeletal disorders by using a combination of both Chinese herbs and acupuncture.

**Daniel Spigelman** spent close to a decade working and studying in China, receiving his Bachelor's degree from the Beijing University of Chinese Medicine. During this time he had the opportunity to train in depth with many eminent physicians such as Wang Ju Yi and Andrew Nugent-Head. He is an inner door disciple of the Zhang Ce lineage of Tai Chi Tong Bei, and a 24th Generation Disciple of the Daoist Wudang Pure Yang Sect.

## Event Details

<b>Date</b>	12 August 2018
<b>Time</b>	Part A: 9.45am – 1.00pm; Part B: 2.00 - 5.15pm
<b>Cost</b>	Both parts: Members: \$100 (\$120 for walk-in)   Students Members: FREE   Non-members: \$140 (\$160 for walk-in)  Part A or Part B: Members: \$50 (\$60 for walk-in)   Students Members: FREE   Non-members: \$70 (\$80 for walk-in)

- ***ONLY 50 SEATS AVAILABLE. Please register with AACMA prior to the event. NO walk-ins will be accepted on the day if the number limit has already been reached.***
- ***No fees for AACMA student members whether pre-registered or walk-in if venue limit has not been reached.***
- ***Non AACMA student members pay the same price as non AACMA member registrants.***
- ***Students need to show their current student card on attendance at the event.***

<b>Venue</b>	Sydney Institute of Traditional Chinese Medicine, Level 5 / 25 Dixon St, Haymarket 2000
<b>CPD</b>	<b>6 CPD points in total (Part A: 3pts; Part B: 3pts)</b>
<b>Registration Via Office</b>	Via office - RSVP by 12:00 PM EST, Thursday 9 August 2018. Contact AACMA national office on 07 3457 1800 or email <a href="mailto:aacma@acupuncture.org.au">aacma@acupuncture.org.au</a>

**Please bring your AACMA Tax Invoice as proof of your seminar registration and payment**

***Registrations and payments are to be done either via BPAY or over the phone via credit card. Please contact AACMA national office on 07 3457 1800.***

This is an AACMA-organised seminar.  
All enquiries should be directed to AACMA.

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**Who can attend AACMA State Committee events?**

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program.

Preference will be given to AACMA members where numbers are limited.

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### **Cancellation policy for paid events**

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.

If you are travelling interstate for the event, please plan your itinerary after confirming with us.