



**State Committee  
EVENT NEWS**

## **SA State Committee Event | 4 February 2018 | Part A: Adhesive capsulitis (AC) at the time of menopause – The common threads and approach to treatment with Chinese medicine | Part B: Navigating the Professional Landscape**

Dear member,

Please see below for information regarding the upcoming AACMA SA State Committee Event.

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**Part A: Adhesive capsulitis (AC) at the time of menopause – The common threads and approach to treatment with Chinese medicine**

**Part B: Navigating the Professional Landscape**

*Presented by Lori-Ellen Grant & Damian Carey*

**Sign up now, it is just next week!**

### **Part A**

Now that women live around one third of their lives after menopause, optimizing physical and mental health through this period is becoming more important.

One such symptom not commonly associated with menopause is shoulder pain or adhesive capsulitis (AC). Between two and five percent of the whole population are thought to have frozen shoulder, which is more prevalent in those 40–65 years old, and with a slightly higher incidence in females (Çelik & Kaya Mutlu, 2016).

As a clinician the question arose, “Why do women of menopausal age present with adhesive capsulitis?”

We will discuss a brief explanation of both AC and menopause, including current traditional Chinese medicine (TCM), and more generally East Asian medicine, diagnostic approaches, and biomedical understandings of pathogenesis and treatment suggestions.

Some discussion will follow regarding a wider and possibly more comprehensive approach to the understanding of pathogenesis employed when treating patients that present with a biomedical diagnosis, with a review of the approaches to treatment for both conditions.

### **Part B**

There are many challenges involved in being a health care practitioner. This seminar will explore a broad range of personal and the professional issues that require our continuing attention.

We will highlight the CMBA regulations; we will explore the continuing challenges for the broader profession in claiming our place in Australia's health care system; and we will examine the essential physical, ethical and psychological practices that lead to a flourishing life and career.

Some of the topics that will be explored include: the role of AACMA; public and private promotion; complying with advertising guidelines; our professional future - gaining access to Medicare and working in hospitals; being an entrepreneur / being a human; monsters in the dark and other scary things; and nourishing our professional community.

## About the Presenter/s

### Lori-Ellen Grant

Lori-Ellen has been in Natural Health for 17 years practising and teaching acupuncture to post-graduate students for over 10 years in both NZ and Australia. She ran a successful multi-disciplinary health clinic in Christchurch, NZ until 2013 and now practises with her partner Lez (also an acupuncturist) in McLaren Vale, SA. She has quite the passion for learning, writing & research and has enjoyed publishing papers on women's health (NVP, IVF & Mental Health).

### Damian Carey

Damian has been a practitioner for over thirty five years, both in Adelaide and in Canberra. He has a Master of Acupuncture degree from the University of Western Sydney and a Diploma in Canonical Chinese Medicine. He is also a lecturer and clinic supervisor at Endeavour College Adelaide. Damian practices in Adelaide city as well as from his home on the south coast.

## Event Details

**Date** 4 February 2018  
**Time** 1.00 - 3.00 PM - Part A; 3.00 - 5.00 PM - Part B.  
**Cost**

### Pre-registration:

Part A & B: Member \$40 | Student Member FREE | Non-member \$60

### Walk-in:

Part A & B: Member \$50 | Student Member FREE | Non-member \$70

*Prices are for both parts. Sorry no optional attendance to either part is accepted.*

**Venue** The Box Factory, 59 Regent Street, Adelaide 5000  
**CPD** **4 CPD Points in total (Part A: 2 CPD points; Part B: 2 professional issue CPD points)**  
**Register via:** Via office - RSVP by 12:00 PM EST, Thursday 1 February 2018.  
Contact AACMA national office on 07 3457 1800 or email [aacma@acupuncture.org.au](mailto:aacma@acupuncture.org.au)

***Registrations and payments are to be done over the phone via credit card. Please contact AACMA national office on 07 3457 1800.***

This is an AACMA-organised seminar.  
All enquiries should be directed to AACMA.

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**Who can attend AACMA State Committee events**

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program.

Preference will be given to AACMA members where numbers are limited.

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### **Cancellation policy for paid events**

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.

You are receiving this email because you are a member of AACMA.

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