



SA State Committee Event | 13 October 2019

Recognising the “Sticking point”; Mental and Emotional Health in the clinic

Presented by Lori-Ellen Grant

Reading through the list of patients I had this week it seemed a high percentage had stress or anxiety as a component in their health issues. It was not their main complaint, nor was it laid out as related directly to their concern. Yet, when each patient told their story, there was a sticking point, a place of uncertainty. And uncertainty can lead down a pathway to stress.

This 4-hour workshop is about recognising that ‘sticking’ point and addressing it with the intention to improve the patients’ health concern. We all know that mental and emotional health impacts on how we function yet are we using all our skill set to address it in clinic?

This is a presentation and group discussion facilitated to utilise the intelligence and experience of ALL who attend. Please be prepared to participate and share as this is how we can all learn and provide a better service to our community. Analysing the difficult patients is always interesting so bring them along!

Upon completion, participants will:

- Have an overview of mental and emotional health trends in the Australian community,
- Understand treatment options in a wider healthcare setting,
- Have practical suggestions to improve your approach to MEH in the clinic,
- Be exposed to a variety of different conditions including; fertility, back/neck/shoulder pain, insomnia, menopause, miscarriage prevention, Achilles tendinopathy, chronic pain to name a few,
- Be aware of chronic pain MEH patterns that exacerbate ill- health,
- Improve your approach to home care suggestions for patients.

About the presenter

Lori-Ellen has been involved in allied health for twenty years completing her Masters at University of Western Sydney in Chinese Medicine and receiving the Dean's medal for academic achievement. She has published papers about women's health and musculoskeletal conditions and lectured in New Zealand and Australia for ten years. Currently she practises in Willunga, SA with her partner Lez and has four children.

Event Details

Date	13 October 2019
Time	2.00pm-6.00pm

Cost	AACMA Members: \$40 (walk-in: \$50) Students Members: FREE Non-members: \$50 (walk-in: \$60) <ul style="list-style-type: none"> • <i>Please register with AACMA prior to the event. NO walk-ins will be accepted on the day if the number limit has already been reached.</i> • <i>No fees for AACMA student members.</i> • <i>Non AACMA student members pay the same price as non AACMA member registrants.</i> • <i>Students need to show their current student card on attendance at the event.</i> • <i>Photos may be taken during the seminar. These photos may be published in the AACMA newsletter.</i> • <i>If you do not wish to be photographed, please inform the AACMA head office when you register for this seminar.</i>
Venue	The Box Factory, 59 Regent St South, Adelaide SA 5000
CPD	4 CPD points
Registration Via Office	Via office - RSVP by 12:00 PM EST, Thursday 10 October 2019. Contact AACMA national office on 07 3457 1800 or email aacma@acupuncture.org.au

Please bring your AACMA Tax Invoice as proof of your seminar registration and payment

Registrations and payments are to be done either via BPAY or over the phone via credit card. Please contact AACMA national office on 07 3457 1800.

This is an AACMA-organised seminar. All enquiries should be directed to AACMA.

Who can attend AACMA State Committee events?

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program. Preference will be given to AACMA members where numbers are limited.

Cancellation policy for paid events

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.

If you are travelling interstate for the event, please plan your itinerary after confirming with us.