



VIC State Committee Event | 21 July 2019

Part A: Acupuncture, moxibustion, cupping and Gua Sha in modern China

Presented by Heidi Yuen

Acupuncture is a modality which is integrated in most Western-style public hospitals in China for both inpatients and outpatients.

There are also some traditional Chinese medicine hospitals in China which solely provide Chinese treatments such as herbal medicine, moxibustion, acupuncture, Tui Na, cupping and Gua Sha.

On February 2019, I visited the Wuhan Children's Hospital (Western-style) for six working days and one day in the Tai He Medicine (TCM) Hospital with the goals of understanding the work flow, techniques and equipment used for acupuncture and other Chinese therapies in a multi-bed setting and ascertaining how the TCM community in Australia could effectively apply these learnings to their clinical practice.

Upon the completion of this seminar, participants will

- appreciate how acupuncture and TCM therapies are performed in both Western-style and TCM hospitals in China including aspects such as: room setting, procedures, frequency of treatment, any equipment being used.
- note the types of conditions being treated
- understand how cerebral palsy, facial palsy and spinal cord injuries are being treated with acupuncture in the Wuhan Children's Hospital
- learn about some innovative equipment and treatment techniques including acupoint embedding which is not used in Australia

The outcomes will be achieved by a Powerpoint presentation, open discussion concerning some clinical cases and demonstration on free-needling technique.

Part B: Acupuncture controversy. True or False?

Presented by Serg Mezhov

This a study of the developments in research, based on observation of ICMART, WFAS, ICTAM and ISRPRM materials from the period: 1975 to 2017.

A few things triggered a look into this matter including:

- Controversial advice on combinations of Acupuncture treatment and depth of needle insertion
- Previous experience of the different physiological explanations into the phenomena of Acupuncture
- Trials of physiological- anatomical systematization, on the theory of Acupuncture and TCM

The amount of studies on Acupuncture itself, are much larger than on Tui- Na, Moxibustion or any other type of point approach to the body.

From simply empirical observation, as it was when Point Therapy was formed, we intend to see micro- changes without having a conclusive whole picture of the physiological transitions of the body.

We can see that there are many tissues that can be found in the point structure by certain locations - and they can be completely missing in different cases of the point locations. Combination of the methods to work on the points are greatly ignored or missed to favour the one approach of the study.

On completion of the seminar, participants will be able to observe many developments in the explanation of the different anatomical platforms, that treatments are based on.

Controversy is only happening due to the lack of explanation and understanding of the pathology matter.

About the presenter/s

Heidi Yuen

Heidi worked as an engineer for over 30 years. Disillusioned with the healthcare system in Australia, she chose her next career as TCM practitioner with the belief that ancient Chinese medical theory can offer solutions to current health crises.

Qualifications:

- PhD Candidate – Complementary medicine, RMIT (2015 –)
- Bachelor of Health Science – Chinese Medicine, SSNT (2008 – 2014)
- Diploma of Remedial Massage, East West College (2009 – 2013)
- Master of Engineering, Swinburne University (1996 – 2000)

Heidi started practising remedial massage on 2013 and Chinese Medicine on 2015. She runs her own practices in Balwyn and Rosanna.

Heidi's heritage has enabled a deep understanding of Chinese philosophy and allows her to read ancient texts directly without translation errors. Her recent fact finding visit to Chinese hospitals brings a new understanding to TCM practitioners.

Serg Mezhov

Dr. Serg Mezhov has graduated from Alma-Ata State University of Sport and Physical education with an Honors degree in Remedial Physical Education and a Specialty of Sport medicine. Together with his interest in Sport medicine, he has also been introduced to Point therapy by one of the Pioneers in Soviet TCM: Prof Inushin.

He has been studying a variety of medical disciplines (Manual Therapy, Physiotherapy, Acupuncture, Osteopathy) as well as alternative bone setting and Tai Chi, Tibetan manual medicine. In 1990 he was awarded the title of Doctor- Acupuncturist, after training under Prof. Tie Gui Bin of Dalian State PRC University.

He has been involved in a number of World conferences including: ISOM, WHO, ICMART, and WFAS.

Serg is also an ISPRM and ISTAM member and ICTAM participant.

Event Details

| | |
|--------------------------------|---|
| Date | 21 July 2019 |
| Time | 1.30-5.45pm (Part A: 1.30-3.30pm; Part B: 3.45-5.45pm) |
| Cost | Both parts: AACMA Members: \$40 (walk-in: \$50) Students Members: FREE Non-members: \$60 (walk-in: \$70) <ul style="list-style-type: none">• Please register with AACMA prior to the event. ONLY 70 seats available and NO walk-ins will be accepted on the day if the number limit has already been reached.• No fees for AACMA student members whether pre-registered or walk-in if venue limit has not been reached.• Non AACMA student members pay the same price as non AACMA member registrants.• Students need to show their current student card on attendance at the event.• Photos may be taken during the seminar. These photos may be published in the AACMA newsletter.• If you do not wish to be photographed, please inform the AACMA head office when you register for this seminar. |
| Venue | Phyllis Hore Meeting Room, Kew Library, Civic Dve (Off Cotham Road), KEW Victoria 3101 |
| CPD | 4 CPD points |
| Registration Via Office | Via office - RSVP by 12:00 PM EST, Thursday 18 July 2019. Contact AACMA national office on 07 3457 1800 or email aacma@acupuncture.org.au |

Please bring your AACMA Tax Invoice as proof of your seminar registration and payment

Registrations and payments are to be done either via BPAY or over the phone via credit card. Please contact AACMA national office on 07 3457 1800.

**This is an AACMA-organised seminar.
All enquiries should be directed to AACMA.**

Who can attend AACMA State Committee events?

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program.

Preference will be given to AACMA members where numbers are limited.

Cancellation policy for paid events

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.

If you are travelling interstate for the event, please plan your itinerary after confirming with us.