



NSW State Committee Event | 10 March 2019

Part A: CM Treatment for PMS and Menopausal Syndrome

Presented by Jian Jiang

Premenstrual Syndrome (PMS) and Menopausal Syndrome are common disorders that affects many women and contribute to considerable distress in their lives. Traditional Chinese medicine (TCM) has been shown to be a useful method to relieve the relevant symptoms and improve women's quality of life. Learning how to provide TCM treatment effectively to the clients suffering from PMS and Menopausal syndrome remains a major challenge for many practitioners. This seminar will 1) outline Western medicine perspective on PMS and menopausal syndrome, 2) explore the ethology, pathogenesis of TCM and TCM treatment principle and management through case studies, 3) analyse current research studies in the efficacy and mechanism of Chinese medicine treatment, and 4) share invaluable clinical experience, ideas and tips of the speaker.

Upon the successful completion of the seminar, participants should be able to:

- outline the WM perspective on PMS and Menopausal Syndrome
- critique and assess the researches on PMS and Menopausal Syndrome
- describe and apply the CM management strategies and method for PMS and Menopausal Syndrome

Part B: TCM Dietary Therapy

Presented by Yifan Yang

This seminar will cover

- General Introduction;
- Same sources of food and medicine;
- TCM literature information in Dietary principles;
- TCM Dietary Therapy in clinical practice;
- Ancient philosophy and modern application;
- Commonly use herbal recipes

About the presenter/s

Jian Jiang

Jian Jiang is the Dean of Sydney Institute of TCM. She obtained a Bachelor of CM (1986), a Master of CM Gynaecology (1991) in China. Since 1999 she has been practicing in her private clinic in Sydney and teaching TCM Gynaecology in SITCM. During her profession, she has gained extensive experience in the management of gynaecological disorders.

Yifan Yang

Yifan graduated from Guangzhou university of Traditional Chinese Medicine Guangzhou China and awarded with Bachelor and Master Degree of TCM. He migrated to Australia more than 27 years. He then continued his

acupuncture and Chinese herbal medicine clinical practice in Sussex Chinese Medicine clinic, Sussex Medical centre, Sydney since.

Yifan is also Ex director of AACMA from 2002 to 2006. He participated the first medical clinical trial on the treatment of Hepatitis C using Chinese herbal medicine in Australian government hospital.in 1995.

Event Details

Date	10 March 2019
Time	Part A: 9.45-13.00 Part B: 14.00-17.15
Cost	Both parts - Members: \$100 Students Members: FREE Non-members: \$140 Part A or B: - Members: \$50 Students Members: FREE Non-members: \$70 <ul style="list-style-type: none">• Non AACMA student members pay the same price as non AACMA member registrants.• Students need to show their current student card on attendance at the event.• No walk-in will be accepted if the venue capacity is reached.
Venue	Sydney Institute of Traditional Chinese Medicine, level 5, 25-29 Dixon St, Sydney 2000
CPD	3 CPD points each part, 6 CPD points in total
Registration Via Office	Via office - RSVP by 12:00 PM EST, Thursday 7 March 2019. Contact AACMA national office on 07 3457 1800 or email aacma@acupuncture.org.au

Please bring your AACMA Tax Invoice as proof of your seminar registration and payment

Registrations and payments are to be done either via BPAY or over the phone via credit card. Please contact AACMA national office on 07 3457 1800.

**This is an AACMA-organised seminar.
All enquiries should be directed to AACMA.**

Who can attend AACMA State Committee events?

Attendance at AACMA State Committee events is open to AACMA members and non-members who are either CMBA-registered Chinese medicine practitioners or students enrolled in an AACMA/CMBA-approved acupuncture or Chinese medicine program.

Preference will be given to AACMA members where numbers are limited.

Cancellation policy for paid events

Cancellations received one week or more before the event date will incur a \$20 administration fee. There are no refunds for cancellations received less than one week before the event or for failure to attend the event; however, a credit, minus the \$20 administration fee, can be retained for future events.

Any changes to event date, time, location, content or speaker(s) will be advised by the AACMA office before close of business on the Friday prior to the event.

Cancellation of registration due to event change(s) received before the Friday prior to the event can be arranged as a refund or credit for future events. Cancellation due to event change(s) received after the event date will be arranged as credits only if the registrant did not attend the event.

Please note that the AACMA office is not able to notify registrants of any event changes that may happen after the close of business of the Friday prior to the event.

If you are travelling interstate for the event, please plan your itinerary after confirming with us.